Vitality Netball World Cup
Win Clean Education

NT Names
12th July 2019
Knowledge Check

How confident are you in your anti-doping knowledge?

0 – I have no knowledge of Anti-Doping
10 – I fully understand my rights and responsibilities

‘The Line of Duty’
Your Role
Win Clean – Your Role

In 2 or 3 words – In your role how can you help protect sport from doping?

Web page: Menti.com

Scan me
Prevention is Key

Taking a preventative approach can reduce anti-doping rule violations (ADRVs). You can support this by knowing the rules, rights and responsibilities for yourself and your team!

How many ADRV’s are there? 10
How many ADRV’s apply to support personnel? 6
What are the 10 ADRV’s?

**Athlete Only**
- Presence
- Use
- Evading, refusing
- Whereabouts failures

**Athlete and Support Personnel**
- Tampering or attempted tampering
- Possession
- Trafficking or attempted trafficking
- Administration, aiding, abetting
- Complicity
- Prohibited Association
Strict Liability

Their body
Their responsibility

Anti-doping is not something an athlete can delegate or ignore.

They are solely responsible for any banned substance used, attempted to use or found in their system regardless of how it got there, or whether there was an intention to cheat or not.

Which makes supporting your athletes to make the right decisions even when no-one is watching, crucial!
Governance
Who’s who?

WADA
The anti-doping rules at the World Cup and all other competitions are formed by WADA. WADA aims to create fair play through global consistency of standards.

UKAD
The testing and education services at the World Cup are being delivered by UKAD. UKAD is the British NADO.

INF
The competition rules at the World Cup are governed by the INF.
INF Jurisdiction

Jurisdiction - Rules, competitors and all other matters?

Who:
• During the world cup the International Netball Federation (INF) has jurisdiction over all athletes
• UK Anti-Doping (UKAD) is the sample collection agency

Remember:
• It is not just testing – the INF and UKAD will be gathering intelligence too
• There are four ways to report suspicious behaviours to UKAD
• Do you know what they are?
Report Suspicions: Protect Netball

- Call RDIS hotline - +44 (0)8000 32 23 32
- WhatsApp – +44 (0)7587 634711
- Twitter - @ukantidoping
- Online Form - www.reportdoping.com
Clean Sport needs you!

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SAY NO TO DOPING

UKAD: OFFICIAL
What’s New?
2021 Code Update

New Standard: Education

- The World Anti-Doping Codes International Standard for Education (ISE) is a mandatory International Standard developed as part of the World Anti-Doping Programme.

- The overall guiding purpose of the International Standard for Education (ISE) is to support the preservation of the spirit of sport as outlined in the World Anti-Doping Code (Code) and to help foster a clean sport environment.
CANNABIDIOL (CBD)

- Prior to 2018, CBD has been prohibited in-competition.
- As of January 1st 2018, CBD is now permitted at any time under the WADA Prohibited List.
- Athletes should remember that all other natural and synthetic cannabinoids remain prohibited in competition.
- It is important to realise that CBD products may still contain prohibited cannabinoid components like THC. As such athletes should continue to be cautious about using CBD products.
2021 Code Update

Substances of Abuse

• If the Athlete can establish that ingestion or Use occurred Out-of-Competition and was unrelated to sport performance, then the period of ineligibility shall be three months ineligibility.

• In addition, this period may be reduced to one month ineligibility if the Athlete or other Person verifies satisfactory completion of a substance abuse program approved by the Anti-Doping Organisation with Results Management responsibility.
Supporting The Athlete: Doping Control
Testing Procedure: Your Role

Notification
Reporting
Selecting
Providing

Selecting
Dividing/seal
Suitability
Recording
Blood Testing Procedure

You could be testing for either or both Urine and Blood.

- Notified by DCO, BCO (Blood Collection Officer) or Chaperone
- Might have to rest for a period of time prior to the collection of a sample if you have recently exercised
- Blood sample collection kits, and A and B kits – Check them!
- No more than 3 attempts will be made per session
- Approximately a ‘teaspoons’ worth of blood
Permitted Reasons for Delaying a Test

Yes - Permitted

Unsure / Maybe Sometimes

No – Not Permitted
Rights and Responsibilities

Permitted Reasons for Delaying a Test

- Obtain photo ID
- Shower
- Media commitments
- Medical Treatment
- See family and friends
- Warm down
- Eat food
- Finish training

UKAD: OFFICIAL

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Supporting the Athlete: Checking Medication
Global DRO

Use Global DRO to check medication in the following countries:

- Switzerland
- United Kingdom
- United States
- Japan
- Canada
- Australia

Use Global DRO to check time periods:

• **In-Competition** (12 hours prior to the start of each match, until the last doping control test of that match)

• **Out-of-Competition** (all other time e.g. training, home, treatment)
Our Recommendation
Treat the **whole world cup** as **In-Competition**!

**Why?**
- Easy to confuse the 12-hour rule
- Very difficult to know when an out-of-competition substance will leave the body

**Alternate?**
- Find an alternate medication that is permitted both in-competition and out-of-competition
- Speak to the team doctor
Global DRO

Global DRO allows athletes to check the status of their medication both in-competition and out-of-competition.

👉 Prohibited
👉 Conditional
👉 Not Prohibited
Global DRO Alternates

What if your country is not Global DRO registered?

- Speak to your NADO
- Speak to your team doctor
- Use the Prohibited List to check individual ingredients
Checking Medication
Top Tips

• Global DRO is only for products from the UK, USA, Canada, Australia, Switzerland or Japan

• Get athletes to check medications themselves regularly

• Record search numbers

• Use Global DRO for medicines and ingredients only
  – *not supplements!*

[Logos and symbols for various countries and organizations]
Topics 5, 6, 7, 8 – TUE’s, Whereabouts, Reporting and Consequences

Web page: Kahoot.it
In Case You Missed It

There are three types of TUE:

1. Standard TUE
2. Retroactive TUE
3. Emergency TUE

- Ensure it is applied for and valid for the duration of the WC
- Approved TUEs need to be submitted to the INF TUE Committee before the start of the WC if not on ADAMS
- If you require a TUE during the WC, you can apply to the INF TUE Committee
Quick Links

Scan your phone camera over the QR codes to learn more.

- Check Medication on Global DRO whilst in the UK.
  - Web page: globaldro.com

- UKAD are delivering the education and testing at the World Cup.
  - Web page: ukad.org.uk

- Check supplements bought in the UK on Informed Sport to see if they have been batch tested.
  - Web page: informed-sport.com
Protect Netball: Speak Up!

• Call RDIS hotline - +44 (0)8000 32 23 32

• Whatsapp – +44 (0)7587 634711

• Twitter - @ukantidoping

• Online Form - www.reportdoping.com
Your Feedback Matters

Please complete the survey to help us keep sport CLEAN.

https://www.surveymonkey.co.uk/r/P22VSQQ
Good Luck!

Thank you for your time.

If you have any questions during the World Cup contact the INF at:

inf@netball.org or 0161 234 6515
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